

# CG SWIM SCHOOL'S SUMMER 1 NEWSLETTER 2025

Hello there! Read on to find out about our updates, upcoming events, term dates and important information you need to know.

#### **UPCOMING CRASH COURSES**

We are very excited to announce that we will be running crash courses throughout the Summer holidays this year! Check out our LoveAdmin online shop or visit our website to find out more - or contact us directly for more details. Dates listed below.

These 4-day crash courses are highly recommended for swimmers at any level, guaranteed to improve water confidence and technique - whilst having fun. Only 2 swimmers in a class! Available for just £100 per person, with a 10% discount for siblings.

#### **Summer Holiday Activities**

We are working hard behind the scenes to plan some fun water-based activities to help keep you and your little ones entertained during the Summer holidays. We would love to know what you think!

Please vote on our poll on our Facebook page or send us a message directly.

Here's what we are thinking about putting on (as well as more crash courses):

- Water-based Tournaments
- Summer Pool Parties
- Mer-world Experiences
- Snorkelling Experiences
- Private Pool Hire
- Drop in swimming lessons for babies, children and adults
- Lane Swimming (adults)
- Public Swimming (all ages)



### Dates For Your Diary

- Summer term 2 Monday 2nd June to Wednesday 23rd July
- Sunday 13<sup>th</sup> July, 1pm-5pm Open Afternoon for all
- Monday 28<sup>th</sup> to Thursday 31<sup>st</sup>
   July crash course (Beth)
- Monday 4<sup>th</sup> to Thursday 7<sup>th</sup> August - crash course (Juliette)
- Monday 11<sup>th</sup> to Thursday 14<sup>th</sup>
   August crash course (Jon)
- Monday 18<sup>th</sup> to Thursday 21<sup>st</sup>
   August crash course (Nessa)
- Autumn term 1 starts
   Monday 1st September 2025

#### September School Starters

If your little one will be starting school in September and you know that you will need an after school or weekend lesson time instead, please let us know now! We will do our best to accommodate your changing needs but politely request you give us lots of notice so we have time to get things sorted. Many thanks in advance!

#### THANK YOU!

During the week commencing 12<sup>th</sup> May, we hosted a bake sale to raise money for a charity close to our hearts, Just George. We want to thank you for your very generous donations, in the form of both cake and money. We were able to raise £350 for the very worthwhile cause. Thank you from the bottom of our hearts!

#### **Our Services**

Here's a reminder of everything we currently offer here at CG Swim School:

- adult & child swimming lessons
- independent children's swimming lessons - for STA levels 1 to 7
- adult swimming lessons for aquaphobes, beginners and for looking to improve technique and stroke
- private swimming lessons
- aquacise classes
- 4-day crash courses
- private pool hire
- birthday parties
- mer-world experiences

Something for everyone, we think!
Please spread the word!







#### Food in the Pool Area

We do not allow any food poolside.

Please also be mindful of the types of snacks you are bringing and the rubbish and crumbs you are leaving behind in the changing rooms.

Please leave them clean and tidy.

We appreciate your support with this.

Please also remember that we are a NUT FREE site.

Please take your nappies home with you! Thank you.

OPEN AFTERNOON Sunday 13<sup>th</sup> July 2025

(note: date has changed since first announced)Join us for our Open Day and bring a friend!



# MEET THE TEAM Get to know our swim teacher Jon

How long have you been at CG Swim School?

I have been a swim teacher since 2002, so 23 years. I joined CG Swim School in 2017, so going on 8 years. Wow!



#### What do you do in your spare time?

Relax with my family and a bit of angling if I can fit in in.

#### Best piece of advice?

Be yourself.



#### Favourite sport?

Carp fishing and, obviously, swimming. I'm too old for anything else!

#### Where did you grow up?

Ely born and bred.



#### Favourite season?

Autumn.



#### Favourite book?

That's a tough one. It's got to be Stephen King's 'It'.



#### Favourite film?

laws.



#### **Favourite music?**

I like a broad range. I like anything but dance music!

#### Favourite meal?

You can't beat a roast.



#### Do you have any pets?

Yes, I have a pet snake!



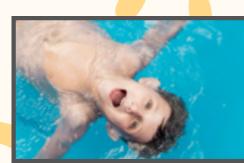
#### What's your biggest frustration?

Lateness. Other people being late, not me!



## If you could travel anywhere in the world, where would you go?

The Galapagos Islands.



#### CONTACT US!

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